

Course Specification

(Bachelor)

Course Title: **Woman's Psychology**

Course Code: **MID26351**

Program: **Bachelor of Midwifery Sciences**

Department: **Nursing**

College: **Applied Medical Science**

Institution: **University of Bisha**

Version: **1**

Last Revision Date: **30 July 2023**





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A. General information about the course:

1. Course Identification

1. Credit hours: 2(2+0)

2. Course type

A. ☐ University ☐ College ☒ Department ☐ Track ☐ Others
B. ☒ Required ☐ Elective

3. Level/year at which this course is offered: (6th level / 3rd year)

4. Course general Description:

This course provides basic knowledge of the major theoretical approaches and findings in psychology. Facilitate to students Critically assess information related to the study of behavior and mental processes and use the critical assessment in forming conclusions and arguments.

Upon completion, students should be able to demonstrate a basic knowledge of the science of psychology.

5. Pre-requirements for this course (if any):

NA

6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

- Provide students with the scientific foundation of psychology they need in their midwifery profession.
- Facilitate students to develop a knowledge base of human behavior across the broad areas of transactions.
- Raise students' awareness of the probable brief applications of psychology in their leaning, training and practicing of their career

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	24	80%
2	E-learning	2	7%
3	Hybrid • Traditional classroom • E-learning		
4	Others: Interactive learning	4	14%
5	Total	30	100



3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Study lectures	24
2.	Laboratory/Studio	-
3.	Tutorial	-
4.	E-learning	2
5.	Interactive learning	4
6.	Others; self-learning	45
Total		75

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Describe the basic knowledge, concept and theories of women psychology	K1	Interactive Lecture	Written Exam
1.2	Illustrate a scientific conceptualization of the mind, brain, behavior and the development of women processes and experiences.	K2	Lectures. Seminars Group discussion	Written Exam Presentation
1.3	Explain different models of women behavior based on science versus intuition or general ways of knowing	K3	Lectures. Seminars Presentation Group discussion	Written Exam presentation
2.0	Skills			
2.1	Discuss different types of human's personality, learning, motivation, emotion, memory, behavior, theories, processes and disruptions	S1	Group work Group discussion Brainstorming	Continuous assessment
2.2	Discuss the core of mental conflicts, defense mechanisms	S2	Presentation and	Continuous

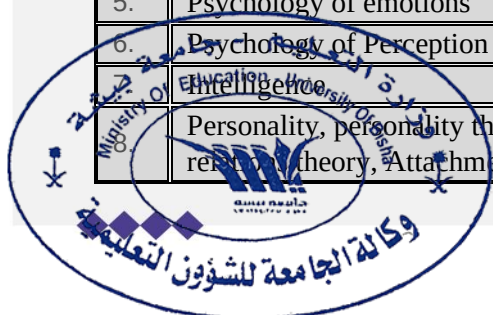




Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
	and its probable manifestations in terms of Psychosomatic and somatoform disorders		group discussion	assessment
2.3	Apply psychological concepts and theories to situations in everyday life	S3	interactive participative	Continuous assessment
3.0	Values, autonomy, and responsibility			
3.1	Exhibit competence in using concepts, theories in comprehending and addressing various psychological processes.	V1	group-discussion	Continuous evaluation
3.2	Commitment towards self-directed learning and accountability.	V2	PBL, group work	Continuous evaluation
3.3	Engagement in effective teamwork, and collaborative working with respect of legal and ethical issues.	V3	PBL, group work and assignment	Continuous evaluation

C. Course Content

No	List of Topics	Contact Hours
1.	Definition and meaning of Psychology, and brief introduction to its main schools	2
2.	The brain and the mind a brief description of the structure of the brain; neurons, synapsis, neurotransmitters The mind, its components and its levels.	2
3.	Psychology of Motivation	2
4.	Psychology of Learning	2
5.	Psychology of emotions	2
6.	Psychology of Perception	2
7.	Intelligence	2
8.	Personality, personality theories and its developmental stages A. object relations theory, Attachment theory, Affect regulation B. stages of	2



	personality development; Freud and Erikson	
9.	Mental conflicts and defense mechanism	2
10.	Health, stress, and coping and stress management	2
11.	Physiology of sleep, pain and sensation	2
12.	Self-awareness	2
13.	Women's Health	2
14.	Crisis and Crisis Intervention	2
15.	Memory	2
Total		30

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30%
2.	Mid exam: theory	8 th	20%
3.	Final exam: theory	16 th	50%
4.	Total		100%

*Assessment Activities (i.e., Written test, oral test, oral presentation, group project, essay, etc.).

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Psychology for Nurses and the Caring Professions (Social Science for Nurses and the Caring Professions) 3rd Edition by Jan Walker (Author), Sheila Payne (Author), Paula Smith (Author), Nikki Jarrett (Author) 2019
Supportive References	- Psychology for Nurses and the Caring Professions (Social Science for Nurses and the Caring Professions) 3rd Edition by Jan Walker (Author), Sheila Payne (Author), Paula Smith (Author), Nikki Jarrett (Author) 2019. - Psychology: Everything You Always Wanted to Know About... Paperback – November 30, 2018 by Sterling Education - Psychological science by Michael S. Gazzaniga, Todd F. Heatherton & Diane F. Halpern Publication Date: 2018 (6th ed.)
Electronic Materials	Blackboard materials
Other Learning Materials	- E- books electronic - Online US Library

2. Required Facilities and equipment

Items	Resources
facilities (Classrooms, exhibition rooms, simulation rooms, etc.)	- Classrooms - simulation rooms - laboratories - Clinical setting (Hospital)
Technology equipment (projector, smart board, software)	- Data show projector - Blackboard - smart board - Laptop computer - Computer based simulator
Other equipment (depending on the nature of the specialty)	

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Students Course coordinator Program Leaders	Direct /indirect
Effectiveness of Students assessment	Students Course coordinator Program Leaders Examination committee revision	Direct /indirect
Quality of learning resources	Course coordinator Peer reviewer Examination committee revision	Direct /indirect
The extent to which CLOs have been achieved	Program Leader Course coordinator	Direct /indirect

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify))

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	
REFERENCE NO.	
DATE	

